

What helps us in our journey towards a
Connected and Respectful Tasmania?
What gets in the way? What should we focus on?



What we heard from women living in Tasmania*

Challenges

Financial stress and cost of living: Money pressure makes it hard to take part.

Opportunities: Opportunities to have a say or take part are too limited or not designed around women's realities (timing, childcare, safety and cultural safety, and affordability). It's hard to get involved with activities and decision making.

Community infrastructure: When there aren't safe, welcoming, affordable local spaces, women have fewer chances to meet, learn and support each other.

Strengths

Supportive relationships: Strong, caring ties with family, neighbours, peers, workplaces, clubs and services means that women can more easily join in, ask for help and support others.

Inclusion and accessibility: When programs, places and decisions are welcoming and easy to access, more women can take part and feel valued.

Clear communication: Simple, kind information about what's on and how to engage makes it easier to find support early.

Priorities

Access to services and support: Make help easy to find and use, with clear steps and flexible options (hours, transport, childcare).

Inclusion, diversity and equality: Make programs and places welcoming, culturally safe, affordable and accessible and include women in decision making.

Collaboration and community engagement: Work together with women across services, councils and community groups.

*These insights were collected from deep conversations with 58 women from over 1600 people of all ages and locations across Tasmania in 2025.
www.connectedandrespectful.org.au

The next steps towards a *Connected and Respectful* Tasmania...



What could the future look like?

Imagine a future where women can find help early because steps are clear, flexible and affordable.

Local places feel welcoming and accessible, so more women show up and feel valued.

Strong, caring relationships grow and services work together with women to meet their needs.

What if we don't act now?

More women risk missing out on genuine connection and supports they want and need because of money stress, hard to use services and not enough safe, welcoming local places.

Isolation will continue to grow, help may come too late and trust in services may drop.

Fewer women will take part in community life and decisions, making it harder to keep respect and connection strong.

How can we work together?

We need to work together to create positive and lasting change.

We welcome new partners on this journey towards our vision of a Connected and Respectful Tasmania.

No matter who you are, you can be an important part of this initiative.

To find out about community actions around Tasmania, learn about grants and other supports, or if you are a business or organisation who would like to talk about becoming a partner, you can find out more at www.connectedandrespectful.org.au, or contact us at community@reitas.org.au.